

Womens Category			Event 1 - Squat - 80kg			Event 2 - Power Stairs - 50kg, 60kg & 70kg			Event 3 - Deadlift - 120kg			Event 4 - Viking Press - 70kg			Event 5 - Atlas Stones - 30kg, 40kg, 50kg, 65kg & 80kg			
Athlete	Position	Points	Reps	Standing	Points	Time (Seconds)	Standing	Points	Reps	Standing	Points	Reps	Standing	Points	Nº Stones	Time (Seconds)	Standing	Points
Rachel Jackson	1	27	23	2	5	44.5	1	6	29	1	6	10	3	4	5	24.7	1	6
Isobel Dowling	2	20.5	29	1	6	57.8	4.5	2.5	22	2	5	19	1	6	3	40.3	6	1
Amy Bergmann	3	15.5	0	6	1	57.8	4.5	2.5	21	3	4	18	2	5	4	32.5	4	3
Claire Ashton	4	15.5	7	3	4	53.6	3	4	15	4	3	8	4.5	2.5	4	44.8	5	2
Lucy Marshall	5	15	5	5	2	46.5	2	5	13	5	2	5	6	1	5	32.8	2	5
Jemma Baguley	6	11.5	6	4	3	32.8*	6	1	4	6	1	8	4.5	2.5	4	19.4	3	4

Amy Bergmann 3rd after count back

Jemma Baguley - 8 Steps

Beginners Category			Event 1 - Squat- 140kg			Event 2 - Power Stairs - 80kg, 100kg & 120kg			Event 3 - Deadlift - 180kg			Event 4 - Viking Press - 100kg			Event 5 - Atlas Stones - 40kg, 50kg, 65kg, 80kg & 100kg			
Athlete	Position	Points	Reps	Standing	Points	Time (Seconds)	Standing	Points	Reps	Standing	Points	Reps	Standing	Points	Nº Stones	Time (Seconds)	Standing	Points
Daniel Elkington	1	48	7	5	7	28.6	1	11	17	2	10	30	1	11	5	16.3	3	9
Rob Beaumont	2	47	11	2	10	30.5	2	10	15	3	9	29	2	10	5	17.5	4	8
Tim Irons	3	44	16	1	11	36.4	3	9	26	1	11	20	5	7	5	20.9	6	6
David Martin	4	40	8	3	9	52	6	6	7	7	5	23	3	9	5	11.6	1	11
Lee Rymill	5	34.5	6	7	5	48.4	5	7	10	4.5	7.5	21	4	8	5	20.3	5	7
Sam Wood	6	25.5	7	5	7	34.3*	10	2	10	4.5	7.5	19	7	5	5	27.4	8	4
Reece Ayres	7	23.5	1	10.5	1.5	44.4*	9	3	6	8	4	19	7	5	5	15.7	2	10
Jack Bergmann	8	23	7	5	7	39.3*	7	5	3	9	3	17	9	3	5	22.4	7	5
Ramunas Domkus	9	19	1	10.5	1.5	41.9	4	8	0	10.5	1.5	19	7	5	4	15.7	9	3
Damien Godwin	10	17.5	3	8.5	3.5	39.4*	8	4	8	6	6	10	10	2	4	17.4	10	2
Lewis Baker	11	3.5	3	8.5	3.5	0	11	0	0	11	0	0	11	0	0	0	11	0

Lewis Baker Pulled Out
Sam Wood - 7 Steps
Reece Ayres - 8 Steps
Jack Bergmann - 8 Steps
Damien Godwin - 8 Steps

Lewis Baker Pulled Out

Lewis Baker Pulled Out

Lewis Baker Pulled Out

Novice Category			Event 1 - Squat - 160kg			Event 2 - Power Stairs - 100kg, 120kg & 140kg			Event 3 - Deadlift - 220kg			Event 4 - Viking Press - 130kg			Event 5 - Atlas Stones - 50kg, 65kg, 80kg, 100kg & 120kg			
Athlete	Position	Points	Reps	Standing	Points	Time (Seconds)	Standing	Points	Reps	Standing	Points	Reps	Standing	Points	Nº Stones	Time (Seconds)	Standing	Points
Owen Spencer	1	19	10	1	5	39.8	2	4	2	4	2	17	2	4	5	18	2	4
Richard Martin	2	17.5	9	2	4	47.7	3	3	10	1	5	15	3.5	2.5	5	18.06	3	3
Simon Parker	3	14.5	1	5	1	34.5	1	5	1	5	1	15	3.5	2.5	5	13.4	1	5
Aaron Dickerson	4	14	6	3	3	26.7*	5	1	7	2	4	19	1	5	4	21.7	5	1
Callum Fletcher	5	10	2	4	2	26.9*	4	2	3	3	3	12	5	1	4	14.1	4	2

Aaron Dickerson - 7 Steps
Callum Fletcher - 8 Steps

Intermediates Category			Event 1 - Squat - 200kg			Event 2 - Power Stairs - 120kg, 140kg & 160kg			Event 3 - Deadlift - 260kg			Event 4 - Viking Press - 160kg			Event 5 - Atlas Stones - 80kg, 100kg, 120kg, 130kg & 150kg			
Athlete	Position	Points	Reps	Standing	Points	Time (Seconds)	Standing	Points	Reps	Standing	Points	Reps	Standing	Points	Nº Stones	Time (Seconds)	Standing	Points
Mathew Jackson	1	20	1	4	2	44	3	3	12	1	5	24	1	5	5	22.9	1	5
Jamie Rawson	2	18	6	2	4	38.8	1	5	8	2	4	21	3	3	4	24.3	4	2
Owen Boothby	3	16.5	5	3	3	39.6	2	4	1	3.5	2.5	23	2	4	4	20.7	3	3
Alan OConnor	4	11.5	0	5	1	39.8*	4	2	1	3.5	2.5	14	4	2	4	17.4	2	4
Daniel Wilson	5	7	8	1	5	9*	5	1	0	5	1	0	5	0	0	0	5	0
						Alan OConnor - 7 Steps Daniel Wilson - 6 Steps						Daniel Wilson Pulled Out			Daniel Wilson Pulled Out			